



# THE HULL & EAST RIDING KARATE ACADEMY

## Certificate of Achievement 2019

### Sporting Excellence in Karate

#### Regional Level

## Rowan Tiplady

This is to certify that Rowan Tiplady is a member of the Hull & East Riding Karate Academy Elite Squad and has performed to a very high standard in Competition Sport Karate throughout 2019 winning the medals and titles listed below:-

### Championship Success - 1 Silver 3 Bronze

#### Shindo Kai Championships - 24<sup>th</sup> March, Barnsley

Silver - Individual Kata

Bronze - Individual Kumite

Bronze - Team Kumite

Bronze - Team Kata

Congratulations on your sporting achievements throughout 2019. Well done Rowan.

Sensei Wayne Clarke 3<sup>rd</sup> Dan

Head Coach - The Hull & East Riding Karate Academy



British  
Karate  
Federation

